

AKTIWITEITE VIR KERSFEES / CHRISTMAS ACTIVITIES



Liewe Kersvader:

- Hierdie speletjie is 'n variasie van die luisterspeletjie "ons gaan op vakansie en..."
- Begin die speletjie deur te sê "Liewer Kersvader hierdie kersfees wil ek graag 'n teddiebeer hê."
- Jou kind voeg nou 'n item by die lysie, bv. "Liewe Kersvader, hierdie kersfees wil ek graag 'n teddiebeer en 'n bal hê."
- Kyk hoeveel items kan jou kind in volgorde onthou.

Kry die klokkie:

- Blinddoek al jou kinders.
- Loop rond in die kamer terwyl jy 'n klokkie lui. Die kinders moet probeer om jou te vang.
- Die eerste kind wat jou vang kry dan 'n beurt om die klokkie te lui en moet probeer om uit die ander kinders se pad te bly terwyl hy/sy die klokkie lui.

Kersfees geheuespeletjie:

Maak twintig kaarte met Kersfees prentjies daarop (maak seker dat jy twee kaartjies met dieselfde prentjie op het, maar moenie die prentjie op meer as twee kaartjies herhaal nie). Pak die kaartjies op 'n tafel of op die vloer met die prentjies na onder. Spelers maak beurte om twee kaartjies om te draai, as die prentjies dieselfde is mag hulle die kaartjies hou tot die speletjie klaar is. Die persoon met die meeste kaartjies aan die einde van die speletjie wen.

Snap:

- Gebruik die kaartjies om SNAP te speel.

Patrone bou:

- Maak seker dat jy en jou kind elkeen 'n volledige stel kaartjies het.
- Plaas drie van die kaartjies in 'n ry en laat jou kind vir 10 sekondes daarna kyk. Maak die kaartjies toe en laat jou kind probeer om die patroon te bou met sy/haar kaartjies.
- Gebruik meer kaartjies en kyk of jou kind 10 in 'n ry kan onthou.

Steek die ster bo-aan die kersboom:

Teken 'n kersboom op 'n stuk karton asook 'n aantal sterre. Plak die prentjie op die muur en gee vir elke speler 'n ster met prestik op die punt. Blinddoek die kinders, draai hulle in die rondte en laat hulle probeer om die ster bo-op die boom te plak.

Standbeelde:

Laat jou kinders in die kamer rond beweeg en dans op maat van kersliedere. Wanneer die musiek stop moet die kinders vries. Die eerste kind wat beweeg is uit. Herhaal die speletjie tot daar net een kind oor is.

Gee aan die pakkie:

- Jy gaan 'n klein persentjie nodig hê wat in lae geskenkpapier toegedraai is. Elke laag geskenkpapier moet stewig toegeplak wees. Jy kan ook 'n klein persentjie in elke laag wegsteek om al die kinders gelukkig te hou!!
- Laat die kinders in 'n kring sit. Speel kersmusiek terwyl hulle die pakkie aangee.



Dear Santa:

- This game is a variation of the listening game "we are going on holiday and...."
- Start the game by saying: "Dear Santa, this Christmas I would like puppy."
- Your child then adds an item to the list, saying: "Dear Santa, this Christmas I would like a puppy and a teddy bear."
- See how many items your child can remember in sequence.

Find the bell:

- Blindfold all your children.
- Walk around ringing a bell and let the children try to find you.
- The first child to catch you now gets to ring the bell and has to try his/her best to stay out of the way of the other players while ringing the bell.

Christmas memory game:

For this game you will need twenty cards with Christmas themed pictures (make sure that you have two cards with the same picture on the back, but do not repeat the same picture on more than two cards). Lay the cards on a table or on the floor with the pictures face down. Players take turns flipping over two cards. They must try to remember where the pictures are. Once a child finds a match they pick up the cards and keep them until the game is over. The person with the most cards at the end of the game is the winner.

Snap:

- Use your Christmas cards to play SNAP.

Sequencing:

- Make sure that you and your child each have one set of cards.
- Place three cards in sequence and let your child look at the pattern for ten seconds. Cover the sequence and let your child copy it with their set of cards.
- Increase the number of pictures until your child can remember ten in a row.

Pin the star on the Christmas tree:

This game is just like "pin the tail on the donkey". You will need to create a large picture of a Christmas tree and several paper stars. Stick the picture of the Christmas tree on the wall and place a piece of prestik on each star. Blindfold your child, spin him/her around a few times and then have him/her attempt to get their star onto the picture of the Christmas tree. You can give clues such as "a little bit to the left, up, down or to the right".

Musical Statues:

Let your children dance around the room while you play some Christmas carols. When the music stop your child has to freeze in the position s/he is in. The first child to move is out of the game. Continue until only one child is left.

Pass the parcel:

- You will need a small present wrapped in numerous layers of wrapping paper. Secure each layer of the parcel with glue, string or elastic. You can also place a small gift in each layer of the parcel.
- Let all your children sit in a circle. Let them pass the parcel around while you play some Christmas carols.

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- Wanneer die musiek stop moet die kind wat die pakkie vashou 'n lagie geskenkpapier verwyder en hy/sy kry die geskenkie wat daarin weggesteek is.
 - Hou aan speel tot al die lagies papier afgehaal is.
- “Musical chairs”:
- Pak 'n ry stoele in 'n enkele ry. Daar moet een minder stoel wees as wat daar kinders is wat saamspeel. Elke stoel wys in die teenoorgestelde rigting van die stoel langsaan.
 - Laat die kinders in 'n sirkel om die stoele staan en om die stoele beweeg terwyl jy kersliedere speel.
 - Wanneer die musiek stop moet elke kind op 'n stoel sit. Die kind wat nie op 'n stoel sit nie is uit.
 - Hou aan speel tot daar net een kind oor is.

Kerskaartjie legkaart:

Teken legkaartstukkies oor ou kerskaartjies en laat jou kind die stukkie uitknip. Meng al die stukkie deurmekaar en laat jou kind die legkaarte bou. Maak dit moeiliker deur die grootte en hoeveelheid stukkie te verander.

Sterre:

- Maak 'n stensil met sterre uit karton of ou x-straal plate.
- Laat jou kind met wit verf sterre op swart papier verf deur die stensil te gebruik.

Loodglasvenstertjies vir kerse:

- Gee vir jou kind 'n stuk swart karton en laat hom/haar die karton in kwarte vou.
- Laat jou kind interessante vorms uit die gevoude kante knip en vou die kaartjie oop.
- Wys jou kind hoe om stukkie selofaanpapier oor die openinge te plak.
- Vou elke kant van die kaartjie (omtrek 2cm van die kant af) om sodat die kaartjie kan staan en sit 'n kersie agter.

Kersfees plekmatjies:

- Gee vir elke kind 'n stuk harde karton in die regte grootte.
- Laat hy/sy die plekmatjie versier.
- Wanneer die kinders klaar is verseël die plekmatjie met modge podge, decoupage of lamineer dit.

Papier ketting:

- Help jou kind om lengtes papier van 5cm wyd by 20cm lank uit gekleurde papier uit te meet.
- Laat jou kind die stroke uitknip en wys hom/haar hoe om 'n lengte om te vou om 'n lussie te vorm.
- Laat jou kind die lussie vaskram end an die volgende stook deursteek en omvou.

Kershoede:

- Wys jou kind hoe om stroke (60cm lank en 5-8cm wyd) uit kreukelpapier te knip.
- Laat jou kind driehoekies uit die rand van die strook knip sodat dit soos 'n kroon lyk.
- Laat jou kind prentjies uit ou geskenkpapier knip om die strook mee te versier.
- Wys jou kind hoe om ligweg gom aan te wend en blinkers op te strooi terwyl die gom nog nat is.
- Wanneer die stroke droog is, meet elke gesinslid se kop en gom die punte aanmekaar.

Sneeu-vlokkies:

- Wys jou kind hoe om vierkante uit verskillende kleure en teksture papier uit te knip.

- When the music stops the child holding the parcel get to unwrap one layer.
- Continue until all the layers are unwrapped.

Musical Chairs:

- Place a number of chairs in a single row (one chair less than the number of children playing), each chair facing the opposite direction to the one next to it.
- Let the children form a ring around the chairs.
- Play some Christmas carols while the children walk around the row of chairs.
- Stop the music without warning.
- When the music stops the children has to sit down on the chairs.
- The child without a chair is eliminated from the game.
- Continue the game until only one child is left.

Christmas card picture puzzle:

Draw puzzle pieces over old Christmas cards and let your child cut out the pieces. Mix them together and let your child build the puzzles. Increase the number and sizes of the pieces to increase the level of difficulty.

Twinkle Twinkle:

- You will need cardboard or old x-rays for your stencils, black paper and white paint.
- Cut out stars in the cardboard/x-rays for your child to use as stencil.
- Let them paint white stars, using the stencil, on the black paper.

Stained glass windows for candles:

- Give your child a piece of black cardboard, folded in quarters.
- Let your child cut out interesting shapes out of the folded sides of the cardboard.
- Open up the cardboard and let your child glue/tape pieces of different coloured cellophane over the cut out shapes for a very colourful effect.
- Fold each side of the card (about 2cm) over so that the card can balance and place a birthday candle behind the stained glass window.

Christmas place mats:

- Give each child a piece of thick cardboard in the desired size.
- Have different art mediums handy: crayons, felt pens, collage materials etc.
- Let each child decorate his/her own place mat.
- When they are done cover the place with modge podge or decoupage or have it laminated.

Paper chains:

- Help your child use his/her ruler to mark out lengths of paper about 5cm wide by 20cm long.
- Let your child cut out the strips.
- Show your child how to fold over the first piece to form a loop and then staple it closed. Remind them to always use the stapler flat on a table and to press it down hard with both hands until they hear two clicks.
- Let them loop and staple all the strips together until the chain is long enough to use as decoration.

Christmas Hats:

- Show your child how to cut strips (60cm long and 5-8cm wide) out of crepe paper.
- Let them cut triangles out of the edge of each hat to make them look like crowns.
- Let your child cut out pictures of old Christmas paper and cards to decorate the hats with.
- Show them how to apply glue lightly and sprinkle glitter while the glue is still wet.

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- Wys jou kind hoe om elke vierkant in 'n driehoek te vou en dan weer om te vou.
- Laat jou kind gleufies uit die omgevoude kante knip en vou die vierkante oop.
- Hang hulle voor die venster of gebruik die sneeu vlokkes om die kersboom mee te versier.

Kersboom ornamente:

- Meng 3 koppies meel met 1 koppie sout en 'n teelepels gliserien. Gooi 1 koppie water by terwyl jou kind die mengsel roer tot dit lekker styf is. Laat jou kind die deeg knie tot dit lekker glad is.
- Laat jou kind die deeg uitrol of platdruk tot dit ongeveer 1cm dik is.
- Gee vir jou kind verskillende koekiedrukkers en wys hom/haar hoe om 'n gaatjie met 'n spyker naby aan die bopunt van die vorm te maak.
- Pak die vorms op 'n bakplaat en bak stadig in die oond tot die vorms hard is.
- Wanneer die vorms goed droog is kan jou kind hulle verf.

Engeltjies:

- Wys jou kind hoe om tot in die middel van 'n silwer of goue doily te knip.
- Rol die doily in 'n stywe kegel en kram dit vas. Knip die stuk wat oorbly af.
- Help jou kind om 'n silwer melkdoppie oop te vryf vir die engel se krans.
- Laat jou kind 'n klein sirkel uit 'n stuk wit karton knip en die engel se gesiggie daarop teken.
- Kram die gesiggie en die krans aan die kegel vas.
- Laat jou kind arms en hande uit 'n stuk gevoude foelie knip.
- Vou 'n tweede doily in die helfde en knip vlerke uit.
- Kram die arms en vlerke aan die agterkant van die doily vas.
- Trek die arms vorentoe en vou die vlerke uit.
- Maak 'n stukkies wol/tou aan die agterkant vas en hang die engeltjies aan die kersboom.

Kersboom fries:

- Gebruik groen kreukelpapier en laat jou kind die papier in lang reepe knip.
- Rol die strook op en druk dit plat.
- Laat jou kind dit in 'n kersboom vorm knip – maak seker dat dele van die vou ongeknip gelaat word om die fries aanmekaar te hou.

Kershouer:

- Laat jou kind die wyse man op karton afteken en uitknip.
- Laat jou kind 'n gesiggie teken en die wyse man versier met verf, stukkies materiaal, kraletjies en sequins. Gee vir elke man 'n ander geskenkie om vas te hou.
- Plak die wyse manne met prestik aan kersblakers vas.

Gesels prentjies:

Jy en jou kind gaan elkeen 'n clipboard, stuk papier en kryte of potlode nodig hê. Sit rug teen rug. Vertel vir jou kind wat jy teken, bv. "ek teken 'n geel son in die boonste linker hoek van die papier." Jou kind moet nou mooi luister en presies dieselfde op sy/haar papier teken. Voltooi die prentjie en vergelyk dit dan met mekaar. Laat jou kind nou vertel wat sy/hy teken terwyl jy luister.

Geskenkpapier:

Jy gaan drie spuitbottels nodig hê waarin jy geel, blou en rooi voedselkleursel of poeierverf in aanmaak. Plak 'n stuk ongedrukte

- When the strips of decorated crepe paper are dry, measure the family's heads and glue the ends together to make them into lovely Christmas hats.

Snowflakes:

- Show your child how to cut squares into different coloured and textured paper.
- Fold each square into a triangle and then fold it again.
- Cut out some notches along the edges – when you open them up you will have beautiful snowflakes.
- Let them hang in front of your window or use them to decorate your Christmas tree.

Christmas Tree Ornaments:

- Mix 3 cups of plain flour with 1 cup of salt and 1 teaspoon of glycerine. Pour in 1 cup of water, stirring as you add it. Mix until the mixture is fairly stiff and let your child knead the mixture until it is smooth.
- Let your child roll out the dough or simply push it flat with his/her fingers until it is 1cm thick.
- Give your child different shaped cookie cutters to push out different shapes. Show him/her how to make a hole near the top of each shape with a nail so that they can hang the decoration.
- Put the shapes on a baking tray and bake slowly in the oven until they are hard.
- When the dough is dried, let your child paint the decorations.

Angels:

- Show your child how to cut through to the centre of a gold or silver doily.
- Bend it into a tight cone and staple at the back. Cut off what is left over.
- Smooth out a milk silver milk bottle top for the halo.
- Cut a smaller circle out of cardboard and draw the angel's face on it. Staple the face and the halo to the tip of the cone.
- Let your child cut arms and hands from a folded piece of silver foil.
- Fold a second doily in half and cut out a wing shape.
- Staple the arms and wings to the back of the cone.
- Pull the arms forward and spread out the wings.
- Attach thread at the back and hang the angels on the Christmas tree.

Tree Frieze:

- Using green crepe paper cut the crepe paper into long strips and roll each strip up loosely.
- Flatten the strip and cut it into a tree shape. Be careful to leave some of the fold uncut on both sides to keep the frieze together.

Candle Holder:

- Let your child trace the shape of the wise man onto a card.
- Let your child cut out, draw on faces and decorate, using paint, scraps of material, beads and sequins. Give each of the three wise men a different gift.
- Stick the wise men to candle holders with a piece of prestik.

Communication pictures:

You and your child will both need a clipboard, a piece of paper and crayons or pencils for this game. Sit back to back. Tell your child what you are drawing, e.g. "I am drawing a yellow sun in the top left hand corner of the page." Your child has to listen carefully and draw exactly the same thing on their paper. Continue the game until your picture is complete. Compare pictures. Now it is your child's turn to be the speaker and your turn to be the listener.

Wrapping paper:

You will need three spray bottles with food colouring or powder paint in yellow, red and blue. Stick a piece of unprinted newspaper on an

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koerantpapier teen 'n muur of knip dit aan die wasgoedlyn vas. Laat jou kind die papier versier deur met die spuitbottels verf op die papier te spuit sodat die kleure meng. Gebruik die papier om saam met jou kind geskenke toe te draai.

- Sit twee sponsies op bordjies en spuit groen verf op een en rooi verf op die ander.
- Sny groot aartappels in die helfde en kerf kersfees vorms daaruit. Die vorms moet ten minste 2cm uitstaan bo die res van die aartappel.
- Laat jou kind die aartappel op die sponsie druk en daarmee patrone op papier druk.
- Terwyl die verf nat is strooi silwer of goue blinkers daaroor.

Kerskaartjies:

Laat jou kind wit karton in verskillende groottes knip. As die kaartjies gepos word moet dit in 'n koevert kan pas. As dit aan geskenke geheg word is small reghoeke of vierkante nodig. Laat jou kind 'n gaatjie pons in die hoek van elke kaartjie en versier dan die kaartjies deur daarop te teken, te verf of stensils te druk. Gooi bietjie blinkertjies op terwyl die verf nog nat is.

Kersfees koerant:

Laat jou kinders jou help om 'n familie koerant saam te stel om na vriende en familie te stuur. Maak 'n collage met familie foto's en interessante brokkies nuw oor julle jaar.

Vakansie plakboek:

- Spaar toegangskartjies ens van julle vakansie.
- Laat jou kind die foto's ens in kronologiese volgorde rangskik en plak in 'n plakboek format.

Gemmerbroodmannetjies:

Verroom ½ koppie suiker en 125g botter. Meng dan 1 eier daarby. Laat jou kind 1 koppie koekmeel saam met ½ teelepel bakpoeier en 2 teelepels gemmer by die suiker en botter mengsel sif. Gebruik 'n koekroller en rol die deeg uit. Laat jou kind jou help om die gemmerbroodmannetjies uit te druk en te versier. Pak die mannetjies op 'n gesmeerde bakplaat en bak vir 15-20 minute by 180°C.

Kersfees Sterre:

Gebruik 'n groot mengbak en laat jou kind 90g sagte botter in 1¼ koppies botter invryf tot dit soos fyn krummels lyk. Meng 1 eetlepel asyn met 1 eetlepel water en voeg dit by die krummels om 'n stywe deeg te vorm. Laat jou kind die deeg knie tot dit glad is en draai dit in plastiek toe en los vir ongeveer 'n uur in die yskas. Rol die deeg uit tot dit ongeveer 5mm dik is en sny die deeg in 6cm vierkante. Gebruik 'n klein mes en sny van die hoek van elke vierkant tot amper in die middel. Vou die regter hoek van elke deel om tot in die middel en druk dit vas sodat dit nie loskom nie. Sit 'n bietjie aarbei konfyt in die middel en glaseer die koekie met eierwit. Bak vir 10 minute by 180°C.

Krans:

Help jou kind om 'n draadhanger oop te buig in 'n sirkel. Laat jou kind lang repe kreukelpapier om die draad draai. Laat jou kind 'n lengte tinsel om die hanger draai en Kersfeesrose daaraan vasmaak. Laat jou kind twee klokke uit foelie uitknip en kram dit aan dun repe kreukelpapier vas. Hang die klokke in die middel van die krans. Voeg 'n groot papierstrik by.

outside wall or peg the paper to the washing line. Let your child spray the paper with the spray bottles, mixing the colours. Use the paper to wrap your presents with – letting your child help wrap family and friend's gifts.

- Place two kitchen sponges, one with red paint poured onto it and one with green paint poured onto it on a plate.
- Cut some large potatoes in half and carefully cut out some simple Christmas shapes out of them with a sharp knife. The shapes must stick out at least 2cm above the rest of the potato half.
- Let your child press the potato onto the paint and then print with it on unprinted newspaper.
- While the paint is wet, sprinkle a little gold or silver glitter on to add a festive touch.

Christmas Cards:

Begin by cutting (or letting your child cut) white cardboard into the desired sizes. If the cards are to be posted, make sure they will fit comfortably into a standard envelope. If they are to go with gifts, let your child cut small rectangles or squares to attach as gift tags. Let your child punch a hole in the corner of each gift tag. Decorate the cards by drawing, painting or using stamps, adding some glitter while the paint is still wet.

Christmas newspaper:

Let your children help you compile a family newspaper to send to family and friends. Build a collage with family pictures and add interesting news about your year.

Holiday Scrapbook:

- While you are on holiday save all the memorabilia, such as entry tickets, photos and postcards.
- Let your child assemble all the mementos and photos and glue them in a scrapbook in chronological order.

Gingerbread Men:

Cream ½ cup of sugar and 125g butter, then add 1 egg and beat well. Sift 1 cup plain flour with ½ teaspoon baking soda and 2 teaspoons ground ginger into the mix. Using a floured roller, roll out the gingerbread on a floured board. Let your child help you cut out the gingerbread men. Help them lift the gingerbread men with a lifter onto a greased oven tray. Give your child mixed fruit or chocolate bits to decorate their gingerbread men. Bake the gingerbread men in a moderate oven at 180°C for 15-20 minutes.

Christmas Stars:

Using a large bowl let your child rub 90g softened butter into 1¼ cups of plain flower until it resembles fine crumbs. Mix 1 tablespoon of vinegar with 1 tablespoon of water and add to the flower mixture to form a firm dough. Let your child lightly knead the dough on a floured board until it is smooth. Wrap the dough in some plastic food wrap and chill in the refrigerator for about an hour. Show your child how to roll out the dough until it is about 4-5mm thick. Cut the dough into 6cm squares. Using a small knife, cut from the corner of each square almost to the centre. Carefully fold the right-hand corner of each section in to meet at the centre. Press firmly so they stay down. Put a little strawberry/raspberry jam in the centre of each star and glaze the stars with lightly beaten egg white using a brush. Bake on an ungreased baking tray for 10 minutes in a moderate oven.

Welcome Ring:

Help your child to bend a wire coat hanger into a circle. Let your child wind long strips of crepe paper around the wire and secure with sticky tape. Let your child wind a length of tinsel garland loosely around the hanger and tie on Christmas roses. Let your child cut out two bell-shapes out of silver foil. Staple the bells to thin strips of crepe paper and hand them in the centre of the circle. Add a big bow of paper at the top, letting the trimmed ends hang down.

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